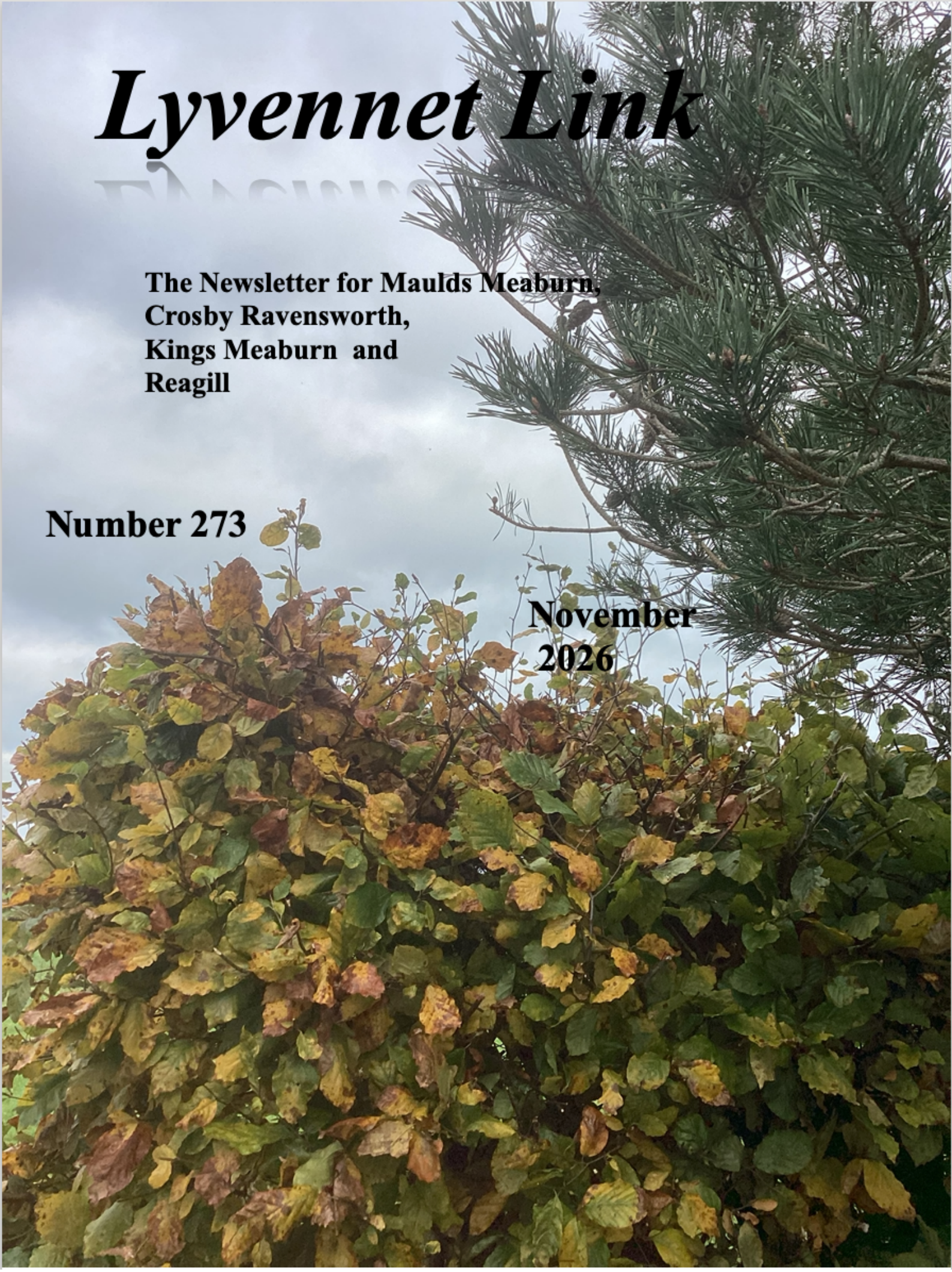
Lyvennet Link

The Newsletter for Maulds Meaburn, Crosby Ravensworth, Kings Meaburn and Reagill



Number 273

November 2026

LYVENNET LINK

Next Issue - 1st December 2026
Copy deadline 28th November2026

edited by Nick Thomas e-mail: nickthomas@macace.net

Articles and contributions etc., would be appreciated preferably by e-mail nickthomas@macace.net. Please send items as either text in the body of the email or as a word document. (apple-mac files acceptable)
Please do not send Microsoft publisher documents as I am unable to open them.

Welcome to the November edition of the Link

Please note.

There will not be a January edition of the Link.

If you need to publicise events taking place in January please make sure they are sent in at the end of this month for the December edition of the Link.

Parish Council Minutes/Agendas

Minutes of, and agendas for, Parish Council meetings are available at:

www.crosbyravensworthparish.org.uk

Planning applications are available to view on the Yorkshire Dales planning portal here:
https://planning.agileapplications.co.uk/yorkshiredales
and on Westmorland and Furness Council's portal here:
https://eforms.eden.gov.uk/fastweb/search.asp

Please find below a link to the agenda for the next Crosby Ravensworth Parish Council meeting

https://crosbyravensworthparish.org.uk/agendas/

Services and events at your parish church of St Lawrence for November

[please find www.northwestorland.church for other parish services]

Sunday November 1st 11.00am Holy Communion with Rev Stephen Tudway [coffee beforehand at 10.30am]

Sunday November 8th 10.45am Remembrance Service and laying of wreath at the church War Memorial with Bishop James Bell
We start in church, move out to the War Memorial for a 2 minute silence where the Last Post and Reveille will be played, before we move back into church

Sunday November 15th 6.00pm Evening Prayer with Rev Stephen Tudway

Sunday November 22nd 11.00am Holy Communion with Rev Stephen Tudway

Sunday November 29th 11.00am ADVENT SUNDAY Joint Benefice Service at St Michael's, Shap

This is to be followed at 3pm in St Lawrence, when we will enjoy an informal 'Advent sing'

led by Rev Stephen Tudway as we greet the beginning of this special time of expectation: The Light of the World through Advent to Christmas:
you choose the hymns, we sing whatever you choose…….. no service, just singing
eg Come thou long expected Jesus/O Come o come Emmanuel/Restore o Lord, the honour of your name/
Make way, make way/ Guide me, o thou great Redeemer/If you're happy and you know it….
plus many more beloved hymns, all with clear words in the hymn books.
Refreshments will be on hand and David Barbour will be playing the organ and piano. Please join us, suitable for all ages!

Autumn clean at St Lawrence

If you have a bit of time / head for heights/ a long ladder and are prepared to get mucky then please join us as we tackle the gutters, water removal pipes, drainage grids and summer verbiage around the parish church if St Lawrence.
Also secateur / lopper jobs in the grounds.
We also have internal jobs eg polishing brass, dusting off cobwebs etc.
Coffee, craic and biscuits provided.
Please join us, with kit, 10.30am on Saturday November 14th
Thank you St Lawrence PCC

‘Westmorland and Furness Council are currently trialling a new way of working through its 'Test, Learn and Grow' Social Isolation Warm and Well Project. The pilot aims to test proactive, integrated approaches to customer engagement and partnership working to identify hidden need, reduce social isolation, and connect residents to wellbeing, social and financial support before problems escalate.

As part of the pilot, applicants to the Winter Fuel Payment Element of the Crisis and Resilience Fund in rural Eden will be offered additional support from a Health and Wellbeing Coach. Financial pressures can have a significant impact on wider wellbeing, and coaching support can help individuals reduce social isolation, connect with local services and activities, and build resilience during periods of financial hardship.

This additional offer aims to support residents not only with immediate financial hardship, but also with their longer-term health and wellbeing, helping to prevent needs from escalating into crisis’.

Lyvennet Lunch Club

The lunch club is celebrating its 15th Birthday party on Thursday 5th of November. The over 50s lunch club was set up to support the rurally isolated and support the community pub.
Come along and enjoy a discounted freshly cooked smaller portioned meal in a friendly atmosphere, described by regular attendees as the highlight of the month.
Booking essential call the team at the Butchers Arms on 01931715500

The Dent Family in Kings Meaburn

"My name is Peter Dent and I am writing my family history and for over 200 years (approx 1710- approx 1930) we lived and farmed in King's Meaburn. Prior to that we lived in Ravenstonedale and almost certainly we are not related to the Maulds Meaburn Dents. I know that Dent is quite a common name in the area. Whilst I have managed to go back some way, I am now trying to find out more information about my great great grandfather, William 'Tiger' Dent (1807-1874) who married Sarah Sowerby (1813-1882) and their son John Dent (1847-1924) who married Jane Bellas (1853-1940). Caroline Addison's book on King's Meaburn has given me some interesting insights but I am hoping that somebody might have papers, photos or random information to add to my knowledge. It would be great to hear from you. My email is prdent@gmail.com."

APPLEBY CAN (Climate Action Network) for Appleby and surrounding villages

Concerned about climate change and its effects on nature, wildlife, crops?

Worried about the world we're leaving for our children and grandchildren?

Then come to our next meeting on Tuesday 17th Nov 7.30pm at the Supper Room in Appleby Public Hall.

We believe

Appleby CAN become net zero

Appleby CAN increase its climate resilience

Appleby CAN support and protect nature

But Appleby CAN'T do this without you

So join Appleby CAN and help build a resilient and liveable future!

November at Crosby Ravensworth Village Hall

FILM NIGHT

Friday 13th November



FINDING EMILY

12A

A romantic comedy about Owen, a lovesick sound engineer, searching campus-wide for Emily after she gives him a phone number missing a digit.

- Food at 7pm, film at 8pm
- Cottage pie (veggie option available)
- Film & supper £12, film only £6

BOOKING IS ESSENTIAL

Tickets: 07584 251352 | lynn-barnes@outlook.com | or message our page.

Cash only venue

Christmas Coffee Evening

FEATURING

The Sun Singers

at Crosby Ravensworth Village Hall

Friday 27th November

6:00–8:00pm

Admission:
Adults — £5
Children — £2
Price includes refreshments.

Cash only venue

Come along for a lovely festive evening of music, coffee and Christmas cheer!

Christmas Wreath Making Workshop

Saturday 5th December

2:00–4:00pm

£25

Booking is essential – limited spaces

Book by message or email
lynn-barnes@outlook.com

Follow us on social media.

Facebook - Crosby Ravensworth Village Hall | Instagram - crosbyravensworthvh

A Public Consultation on the future of the Crosby Ravensworth Parish Archives

The Archives in Crosby Ravensworth have been **run by volunteers** on behalf of the Parish Council for a number of years. It has been of interest to local families tracing their lineage as well as having been used by the school for local history projects.

However, Parish Council are looking into the longevity of this project due to the **rising costs** of running the building annually.

From April 2025 to March 2026, it cost the Parish **£1570.23 to keep the Archives open**, this cost includes: £260.00 annual rent for the building, £266.23 for water and £1044.00 for electricity and heating.

The Parish Council would like to **ask the following questions** from the community:

- **Do you use the Archives?**
- **Would you be prepared to help to support the Archives in any way?**
- **What would you like to see the Archives do in the future?**

Please send your comments to Naomi Callaghan, Parish Clerk at:

clerk@crosbyravensworthparish.org.uk



Biscuit Icing Party!

Come along and join in the fun!

The Venue

The Butchers Arms
Crosby Ravensworth
CA10 3JP

or 3 little words
///submit.winemaker.grounded

Contact

Joan Raine
on 01931 715351

Tickets £30

includes everything you need to decorate biscuits!

Full demonstration and instruction too



Date
24th of November

Start time
6.30

See you there!



What's coming up

COFFEE MORNING on the first Wednesday of every month, 10.30am to noon, all welcome – Wed 4 Nov, 2 Dec, 6 Jan

Sat 7 Nov Our annual **Autumn Craft Fair** – 10.30am to 3.30pm. Lots of new stalls plus familiar favourites. **FREE entry**, light refreshments.

Thurs 12 Nov People's Emergency Briefing 7pm. **FREE** film, 50mins. Leading UK experts present the latest evidence on the climate and nature crisis. See more info at National Emergency Briefing. Discussion to follow film. Bar open, tea, coffee.

Thurs 19 Nov The Jigsaw of Menopause 7pm. Our rescheduled evening with **Dr Venetia Young**, now joined by two menopause coaches, **Tish Fisher and Anne Stowers**. A hugely informative one-stop shop with plenty of time for questions. Bring a friend, partner, or both! All welcome. £10 inc tea/coffee . Book at https://wegottickets.com/f/27695

Sat 21 Nov - EVTN live music with singer songwriter Matty Buck and folk group Slip the Jig. Tickets £8. Relaxed evening with bar open from 7pm, music 7.30pm. Book at https://wegottickets.com/f/30703

Sun 6 Dec 3pm **Santa's Christmas Cakes -** a Highlights show for 5 years+ by Badapple Theatre, 'a festive mix of songs, puppets and delightful comic cooking tomfoolery'. Book at Santa's Christmas Cakes • Highlights Rural Touring Scheme

Thurs 10 Dec Carols round the brazier on the patio, with members of Appleby Town Band. 6pm

Sat 19 Dec EVTN Live music with Mark Griffiths and The Word, and Jilly Jarman & Friends. A relaxed evening with the bar open from 7pm, music 7.30pm. Tickets £8.

Sat 16 Jan Make an Enamelled Pendant with **Claire Priestley of Teesdale Felt** - all materials supplied. 10am to 1pm, £35. Book at Enamelled Pendants on Copper Workshop • Highlights Rural Touring Scheme

Sat 23 Jan The first of our three FREE wet-felting workshops – see poster in this edition of the Lyvennet Link. Booking opens 1 Dec.

Can you spare some time to help at the MMVI craft fair?

It's on Saturday 7 November and it's always a fun, busy time!









- **We need help with kitchen shifts, eg serving at the hatch, taking payments and running the dishwasher, and also help selling tickets on the raffle table**
- **The fair is open 10.30am to 3.30pm. If you could lend a hand even for an hour, that would be hugely appreciated! There's always a rush at lunchtime, especially.**

Please email mmvi.booking@gmail.com or contact Barbara via whatsapp or by calling 07383 391466. Thanks so much!

Maulds Meaburn
Village Institute

CRAFT FAIR

Saturday 7th November

10.30am to 3.30pm

- Quality Local Crafts and Goods
- Light Refreshments for sale
- Raffle
- **FREE ENTRY!**

MMVI

Maulds Meaburn, Penrith
CA10 3HN

National Emergency Briefing

People's Emergency Briefing

On the climate and nature crisis

Maulds Meaburn Village Institute

12th November at 7.00pm

Come along watch the film and join the discussion (film 1hr)

FREE ENTRY
Bar open, along with tea or coffee

16

www.nebriefing.org

The jigsaw of menopause

Three menopause experts, one room – come and join us!

Maulds Meaburn Village Institute

Thursday 19 November, 7pm

£10 tea/coffee included.
Doors open 6.30pm

All are really welcome

Whether menopause is on the horizon, you're in the thick of it, or you're still noticing effects of your cycle post-menopause, this is an evening of information sharing, listening and supportive chat, with plenty of time to ask questions.
Do bring a friend or partner – or both!



Dr Venetia Young

A retired local GP with years of expertise in all aspects of menopause, Venetia will demo breath techniques to alleviate symptoms of menopause and other conditions, such as anxiety, panic attacks, insomnia and heart arrhythmia.



Tish Fisher

Tish is a holistic menopause specialist who set up **Menopause Body & Mind** to support women 1:1 dealing with menopause effects. She runs a free menopause group in Carlisle as well as Facebook support.



Anne Stowers

Anne is an Eden Valley menopause coach who is keen that information on nutrition and exercise is accurate and evidence based, for successful transition through the ebbs and flows of menopause.

Book your place via Wegottickets:
https://wegottickets.com/f/27695
or scan the QR code

SATURDAY
21 NOVEMBER 2026

EVTN

EDEN VALLEY TOURING NETWORK PRESENTS



MATTY BUCK

Singer Song Writer

SLIP THE JIG

Traditional and contemporary folk



Maulds Meaburn Village Institute

Doors 7.00pm

Admission £8.00
or
Scan QR to book Online

CELEBRATING EVAN 10 YEARS
EDEN VALLEY ARTISTIC NETWORK

Westmorland & Furness Council

evanevents.co.uk



"Badapple Theatre triumphs in a tour that takes the magic of theatre to remote venues"
The Stage

SANTA'S CHRISTMAS CAKES

Rascal the Elf is left behind on Christmas Eve and put in charge of Santa's kitchen, where her mischievous antics spark a whirlwind of festive chaos. With comedy, songs, puppetry and some delightfully silly cookery, this joyful, family-friendly Christmas show will delight audiences of all ages.

Maulds Meaburn Village Institute CA10 3HN

Sun 6 December 3:00pm

Tickets: Adult £10 / Under 16s £5 / Family £25
Phone 07383 391466

book online **www.highlightsnorth.co.uk**

highlights
rural touring scheme

Supported using public funding by ARTS COUNCIL ENGLAND

Westmorland & Furness Council

Three FREE

wet-felting workshops at MMVI in 2027



Fancy having a go at creating something like this beautiful poppy? MMVI has been fortunate to be given a grant by Westmorland & Furness Council to run three FREE workshops to make a felted wall-hanging showing our local flowers and the River Lyvennet.

The workshops are open to anyone who lives in the parish of Crosby Ravensworth or attends Crosby Ravensworth primary school. They will be led by artist Andi Taylor, who has helped Crosby schoolchildren make some fantastic artworks – the poppy was made by a primary age child in one of her sessions.

The workshops will take place at Maulds Meaburn Village Institute on:

Sat 23 Jan 10am-12.30pm

Sat 6 Feb 10am-12.30pm

Sat 6 March 10am-12.30pm

Unveiling: Fri 19 March 4.30pm

There will be 25 places at each workshop, and children under 8 will need to be accompanied by an adult. Booking opens on 1 Dec by emailing mmvi.booking@gmail.com or phoning 07383 391466.

No experience of felting is needed! This is a great opportunity to have a go and develop your skills while working with folk of all ages from across our community to produce a lasting piece for our hall. The main tuition will be in the first session, but help will be available at all the sessions. You can just come to one workshop if you wish.

The Benches of the Parish

This month for our ***'Bench of the Month'*** we will be looking at the third and final bench that is on the back lane of MM; it sits on a slight rise, in a little alcove in front of Meadow House.



Now the curious bit, but I must say at the outset that if I lived in Meadow House I would do exactly the same.
And that is to go and get myself one or two of those sheep that ~~strim~~ eat grass as short as a strimmer.
But then the occupants are not the only ones in the village to have such capable sheep and whilst only my own opinion, it looks fine.
And as mentioned last month, the three benches on this side of the river are identical in style, make and age, but this is definitely the most uncomfortable of the three and a slightly larger derriere will be required for this bench, at least to gain a modicum of comfort.

As you can see on the photo (aside) the gap between the 3rd and 4th slat is too large, it looks like the wood has become warped and those with slightly slender backsides will find it annoyingly uncomfortable.



And of the three benches this is also the least ornate, and quite possibly the least used.
It is another metal/wood hybrid, old, but without any particular character to it.

As for its location, whilst not exactly a busy one, it is next to the road. The view is somewhat restricted during the summer and early autumn due to the large trees on the other side of the river.

The range and distance of your view then improves in autumn, just as it gets colder!
It does however provide a quiet enough spot to have a sit down, but no doubt whilst sat here someone will most likely walk by and to whom you will then be obligated to say *"Hello".*
Is it a good spot *'To do a Davies'? M*aybe, just depends on your luck on the day.

And like the other two benches on this side of the river, whilst showing its age, it is bearing up reasonably well, although some TLC wouldn't go amiss.**

The View from the Bench.



Like the bench down by the river (last month's BoTP) it hasn't been adopted as a memorial bench nor donated or was part of the parish's centenary celebrations (next month's benches) and ...

**I just muse to myself if the three benches on this side of the river have now past their expiry date.
Like myself, they look old and tired, the first flush of youth having long deserted them.
They are in need of some TLC, but would that be money well spent or do they continue to be left hostage to the ravages of time?
All three have their virtues and place on this side of the river, but maybe the time has come .... out with the old and in with the new?

Taken from the BBC's website

Memorial benches



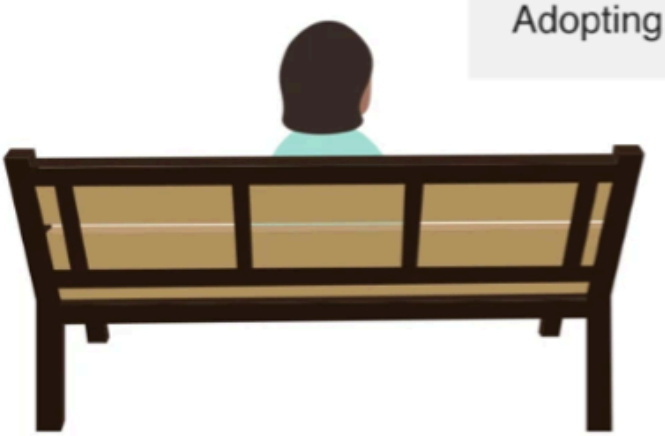
Common phrases on plaques include: "in loving memory", "in our hearts" and "who loved this…"

Dedications to a mother or wife are more common than to a father or husband



Many benches can be found honouring the **Queen's Silver Jubilee in 1977**

Adopting a bench can cost **up to £2,500**

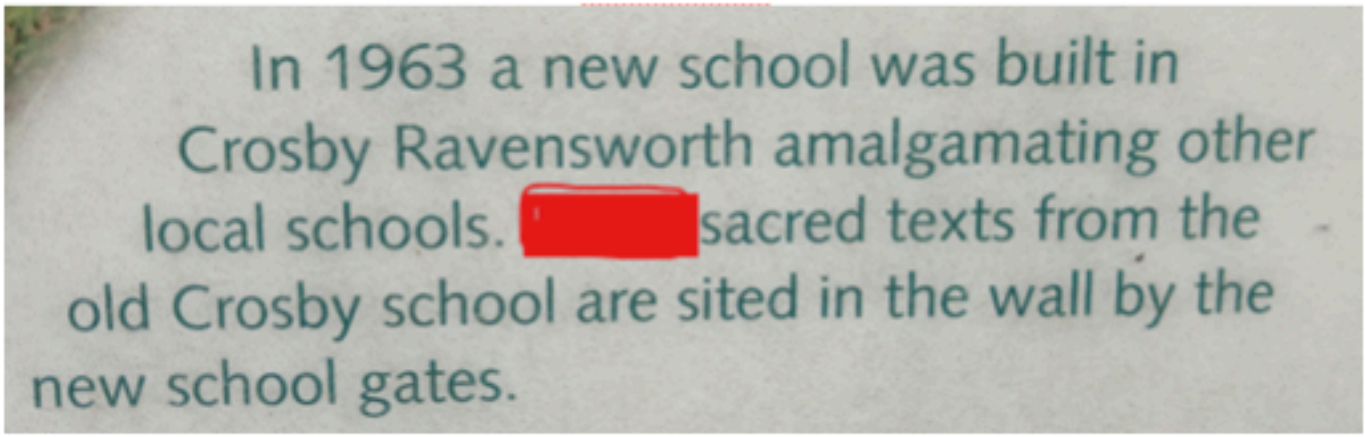


Most memorial benches are **donated for a 10-year term**

These benches have critics, particularly in popular coastal sites. The head of the National Trust in Jersey **sparked a furious debate** in 2018 when he said it was crucial that beauty spots did not turn into graveyards with the proliferation of dedicated seats.

Tea Break Quiz. Answers on last page

1) What countries make up the *'Low Countries'?* And beginning with **'B',** by what other name are the known?
2) Theme songs – what is the next line? *'Dance your cares away, worries for another day. Let the music play ...'*
3) Who links the following: Twiggy, Onslow, Eddie Yeats and Vernon Scripps?
4) E-mail – if you 'cc' someone into an e-mail, what does cc stand for?
5) What are the names of Cinderella's stepsisters?
6) In what month/year did the last men enter conscripted 'National Service' and the month/year when the last of them left.
7) Periodic Table - what letters are used to represent the following:
   Sodium -- Potassium -- Gold -- Lead -- and what is No.1 in the table
8) What are the next lines of the chorus to this song, name the group and the year of release: *"Agadoo doo doo push pineapple shake the tree... ?*
9) On the 'Tourist notice board' at Crosby Ravensworth village shelter is this:



how many 'sacred texts' are there?

10) Totalised – see below

Medium

78	**Double it**	**+ 4**	**3/5 of this**	**-5**	**X 2**	**Double it**	**3/7 of this**	**Double it**	**- 6**	**=**	**?**

Medium

31	**+ 5**	**÷ 6**	**Double it**	**Multiply it by itself**	**÷ 2**	**Halve it**	**÷ 6**	**Double it**	**X 5**	**=**	**?**

Harder

44	**¼ of this**	**X 3**	**+ 1**	**X 3**	**Halve it**	**- 15**	**+ 6**	**÷ 7**	**Multiply it by itself twice**	**=**	**?**

We are no longer running the 'Bus stop' collections from your village on the 2nd Wednesday of each month, so please don’t leave any donations there.

The GREAT news is we have now employed a driver that lives very close to you. This means we can collect your donations for us ANYTIME you wish. You no longer have to wait until the Bus Stop run!

Just contact us to make your collection appointment.

Complete an online form -

https://www.greatnorthairambulance.co.uk/support-us/fundraising/recycle/clothing-collections/

Or call us on 01325 308139 to arrange a collection.We love to accept any clean clothing, coats, belts, shoes (in pairs) and handbags.

Unfortunately we're UNABLE to collect any household textiles such as towels, bedding, curtains and table cloths and books/bric a brac as these cost the charity to be taken away which isn't great for our funds.

We employ all of our drivers and own all of our vans so you know that ALL of your donation come to us direct. We receive no Government grants, we totally depend on your donations to keep saving lives in your area.

We haven’t put bags out door to door for a year now in order to save plastic waste.

All of our donations are by pre-arranged collection only.

Thank you for your donations in advance!

FELLRUNNER EXCURSIONS 2026

For the people living primarily in the North Westmorland Group of Parishes and surrounding areas, The Fellrunner Village Bus Company have again very kindly offered to provide a 16 seater bus for our community use this year. A list of the proposed trips is given below and if you would like to make a booking, please contact Mike Roulson on 01931 714457 to enquire if seats are available. Please note that for some visits there will be entrance charges payable in addition to the bus fare. **Please do book early to avoid disappointment.**

7th March….Bygone Times, A unique shopping experience on 5 floors at Grove Mill, Eccleston, Chorley. Antiques and collectibles centre, memorabilia from yesteryear, Lancashire's finest historic shopping destination. A place to visit and step back in time.

11th April….Southport, a trip to the seaside resort with England's second longest pier . Lord Street is renowned for its high street shops or take a walk around the marine lake and gardens.

9th May….Levens Hall nr Kendal. Take a tour of the privately owned Elizabethan house with its intriguing history and the world's oldest topiary gardens which are truly magnificent.

6th June….Harlow Carr near Harrogate. Enjoy a day out at the beautiful famous gardens **managed by the Royal Horticultural Society. A delight in every season.**
Take some refreshments in the famous Bettys Cafe Tea Rooms overlooking the beautiful grounds of the gardens

4th July….Raby Castle, Park and Gardens, Staindrop nr. Darlington. One of England's finest medieval castles. Enjoy a castle tour and a walk around the gardens. Coffee stop en route in Barnard Castle

1st August….Beamish, The Living Museum of the North. So much to see, telling the story of life in North East England from the 1820's to the 1960's. This visit will be a longer day due to the size of the site. Vintage buses and trams operate to transport visitors around the area.

5th September… Albert Dock complex, Liverpool. Another visit to this world famous iconic waterfront attraction. Visit the free Museum of Liverpool at the Pier Head or have a sail on the river Mersey on the famous ferry. Other renowned attractions, shops and museums in Liverpool city are just a taxi ride away.

10th October….A visit to Skipton officially named the happiest place to live in the UK with its well known street market, the castle, and the beautiful Holy Trinity church or a walk down to the canal perhaps to see the attractive narrow boats.

7th November...(TBC)....Holker Hall Winter Market. This visit will be weather dependant. An alternative venue will be visited if necessary in the event of a bad weather forecast.

5th December….An afternoon visit to Barton Grange for some Christmas shopping followed by an evening trip through the famous Blackpool Illuminations. We will leave Morland late morning and return mid evening.

A POINT TO PROVE by William Wood

"And who's going to run last?"

This was the question William had been waiting for. There could be no doubt about his reply, but it would not be a popular one. The ten year old team leader looked around at the other boys, caught Ken's beseeching look and said,

"I am."

There was a moment's silence. No one could blame William for taking the last stage and all the glory. The team of five boys began the lane relay way down on the farm below their rural school. Five times they would pass the baton on until the fifth runner emerged from the farm track into the school lane and up the drive to the finishing line. All the boys from the rest of the school who were not competing in the race lined the drive to cheer on their teams. The lane relay was a sporting highlight of the year, a preparation for sports day proper a few weeks later.

"Ken's faster. Why don't you let him go last?" asked Richard.

William did not think Ken was faster than him though his popular, skinny friend had built up something of a reputation for himself as an athlete.

"We need to be faster all the way," said William. "Each one of us must stay ahead."

For four years William had stood amongst the spectators cheering his team on and dreaming that one day he would be carrying the baton home. Now in his last term he was head of house and it was his prerogative to select the team and their running order. No one seriously questioned his wish and his right to run last and to break the tape for all of them. He knew, too, that Ken shared the same dream. Ken, his best friend, had indeed come to him and asked to run at number five. William had said he would see but he did not look Ken in the eye and in that moment both of them knew that William had already made up his mind.

There were no rehearsals. The day came, the four teams gathered, all dressed alike apart from a coloured armband denoting their house, William's being yellow. The headmaster walked down the lane with them pushing his bicycle and positioning four boys at each stage along the way. When he and the last four reached the bottom he mounted his bike behind them and blew a whistle to start the race. It was a rough, up-hill track and it was an effort at first for him to keep up, let alone to supervise the hand-overs.

For William and the three runners from the other houses stationed at the top of the lane it seemed a long wait. It was a sunny day, the birds were singing and sheep bleating in the fields. Twice they thought they heard the sound of running feet but no one appeared.

"I wonder if they've started yet," mused one of the competitors.

"Must have," said William anxiously.

"Here they come."

Two boys came into view. To William's dismay neither of them was Ken. Green and blue were the only visible colours. A few long seconds behind them in yellow Ken did appear and behind him laboured a boy in red followed by the headmaster whose face was an even deeper shade of red as he pedalled furiously to keep up. The front runners approached but Ken seemed to be falling further and further behind.

"Come on Ken. Run! Run!" yelled William. He knew that given an equal start he could beat all the other number fives. But by the time Ken sloppily handed over the baton there was too much ground to make up. William did gain on the heavy boy in second place and overtook him, but Geoffrey the leader was already loping past the assembled school with an unassailable lead. He raised his arms to acknowledge the cheers of his supporters. William put on an agonising sprint and got some ironic applause but his spirit was more shattered than his straining lungs and muscles.

At the tape he was breathless and broken. His long nurtured dream burst like a soap bubble. His defeat was rubbed in after the race when he overheard some schoolmates discussing tactics.

"He should have let Ken run last."

"Yes, Ken's much faster."

They had not seen what William had witnessed. Ken had not even tried. Ken had betrayed him out of spite.

Still to come before they broke up, however, was sports day. This time Ken and William, no longer on speaking terms, were competing as individuals. Each of them won a number of different events. In the final race, the hundred yards, Ken and William were up against one another again. As it turned out this would also decide the winner of the Victor Ludorum, the medal for the best overall athlete. Everyone was certain Ken, so light and fleet of foot, would win it. He was revelling in being favourite and one of the teachers was already writing his name on the prize certificate.

When the starting gun went off William and Ken surged ahead of the field shoulder to shoulder. For a few yards Ken flew ahead. William gritted his teeth and kicked into action. After sixty yards he had drawn level again. As he inched ahead Ken seemed to wilt. William knew he could outrun his former friend and he did. He had a point to prove.

Answers

1) Belgium, Netherlands and Luxembourg (Benelux)
2) Down in Fraggle Rock
3) The actor Geoffrey Hughes (1944-2012)
4) Carbon Copy
5) Anastasia and Drizella (Oh no they're not – oh yes they are)
6) November 1960 and the last to leave did so in May 1963
7) NA -- K -- Au -- Pb -- No.1 is Hydrogen
8) *"Agadoo doo doo push pineapple grind coffee, to the left to the right jump up and down and to the knees. Come and dance every night sing with a hula melody."*
   Black Lace – 1984
   Now hopefully the tune will be stuck in your head for the rest of the day!!!!!
9) Three – but now you will do well to read them.



Totalised:

Top = 306 Middle = 60 Bottom = 216